



Active Parenting

First Five Years

4 Sessions

For families with children birth through 4-years old
Topics include Ages and Stages of Child Development, School Readiness, Method of Choice, and Parental Self-Care

Active Parenting

6 Sessions

For families with toddlers to teens
Topics include Building Responsibility, Promoting School Success, and Healthy Forms of Communication & Discipline

AP of Teens

6 Sessions

For families with preteens and teens
Topics include Building Responsibility & Self-Discipline, Developing Courage and Healthy Communication & Cooperation

Workshops & Groups

PAX Tools

Build skills in Communication for more Connection and Cooperation

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Positive Discipline

Develop firm but kind discipline strategies through connection

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Children in Between

Co-Parenting program for families experiencing separation and divorce

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Parent's Group

Open call for all parents to share and connect with others

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Parent Aid MENU



• MOMS •
Kiddos
• DADS •

Community Parenting

Programs for Moms and Dads whether they are together, separated, or it's complicated

Mom-Share

6 Sessions

Topics Include Understanding and Working with Dad, Your Story of Motherhood, Parental Expectations, and Partner Communication

Dad-Share

6 Sessions

Topics include Understanding and Working with Mom, Masculinity & Fatherhood, Feelings & Emotions, and Healthy Communication

Infants & Toddlers | ALL FREE

Potty Training

Learn best practices for your journey to the no-diaper life

Zumbini

Incorporate your child's growth through Play, Song & Dance

Baby Signs Too

Learn to communicate with your hearing baby through Sign

Coming SOON



Just For Dads

Dad's Group

Weekly

An open call for men to share their strength, hope, experience, and challenges as fathers, dads and coparents. No registration required.

24/7 Dad Programs

4 Sessions

AM, PM, and Key Behaviors. Understand the importance of developing knowledge in Self-Awareness, Caring for Self, Parenting Skills, Fathering Skills, and Relationship Skills

Boot Camp for New Dads

Monthly

For first-time expectant fathers to gain the tools, support, and confidence needed to be an involved caregiver before baby arrives.

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