



# COMMUNITY PARENTING PROGRAMS

## ACTIVE PARENTING CLASS SERIES

Options for all ages of children 0-17  
Topics include communication,  
positive discipline, responsibility  
cooperation and self-care

## FREE MONTHLY WORKSHOPS

Positive Parenting and Discipline,  
Co-Parenting, and PAX Tools  
Workshops to keep your parent  
game strong

**PARENT**  
SUPPORT GROUPS

Check out all the groups at  
[parentaid.org/calendar](http://parentaid.org/calendar)



**Parent Aid**

CREATING STRONGER  
**FAMILIES**  
AND BRIGHTER  
**FUTURES**

**Find Us At:**

[parentaid.org](http://parentaid.org)

520.798.3304

[info@parentaid.org](mailto:info@parentaid.org)

[@parentaidtucson](mailto:@parentaidtucson)



# Parent Aid

## Mom Share

Coparenting series for all Moms and Dads whether they are together, separated, or anything in between.

Participants will gain valuable insight into themselves as a parent and develop empathy for their coparent partners

## DAD Share

Group education for families with children birth through 4 years old. Program focuses on Ages and Stages of child development, School Readiness, Method of Choice and Parental Self Care



Group education for families with children of all ages. Program focuses on Building Responsibility, Healthy forms of Communication & Discipline, and Promoting School Success.

Group education for families with preteens and teens. Program focuses on Building Responsibility & Self-Discipline, Communication & Cooperation, and Developing Courage for future thriving young adults.



Trauma-informed group education for families of all ages. Program builds parents skills in non-violent communication to aid in connection with and cooperation of their kiddos.

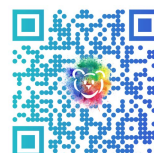
Co-Parenting through Separation, Divorce or Conflict Workshop. Parent will build communication skills to help ease the trauma to their families during difficult times.

THE CENTER FOR DIVORCE EDUCATION'S  
**CHILDREN IN BETWEEN®**

## Parent Support Groups

Open call every Monday for all parents and caregivers to share their strength, hope, experience, and challenges. Including a Dads only group as well.

Check out everything we have to offer at [parentaid.org/calendar](http://parentaid.org/calendar)



Many programs are available in English and Spanish

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