



COMMUNITY PARENTING PROGRAMS

ACTIVE PARENTING CLASS SERIES

Options for all ages of children 0-17
Topics include communication,
positive discipline, responsibility
cooperation and self-care

FREE MONTHLY WORKSHOPS

Positive Parenting and Discipline,
Co-Parenting, and PAX Tools
Workshops to keep your parent
game strong

PARENT
SUPPORT GROUPS

Check out all the groups at
parentaid.org/calendar



Parent Aid

CREATING STRONGER
FAMILIES
AND BRIGHTER
FUTURES

Find Us At:

parentaid.org

520.798.3304

info@parentaid.org

[@parentaidtucson](https://www.instagram.com/parentaidtucson)



Parent Aid

Mom Share

Coparenting series for all Moms and Dads whether they are together, separated, and everything in between. Participants will gain valuable insight into themselves as a parent and develop empathy for their coparent partners

DAD Share

Group education for families with children birth through 4 years old. Program focuses on Ages and Stages of child development, School Readiness, Method of Choice and Parental Self Care



Group education for families with children of all ages. Program focuses on Building Responsibility, Healthy forms of Communication & Discipline, and Promoting School Success.

Group education for families with preteens and teens. Program focuses on Building Responsibility & Self-Discipline, Communication & Cooperation, and Developing Courage for future thriving young adults.



Trauma-informed group education for families of all ages. Program builds parents skills in non-violent communication to aid in connection with and cooperation of their kiddos.

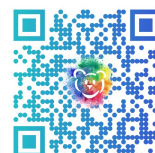
Co-Parenting through Separation, Divorce or Conflict Workshop. Parent will build communication skills to help ease the trauma to their families during difficult times.



Parent Support Groups

Free groups every Mondays for all parents and a dads only group

Check out everything we have to offer at parentaid.org/calendar



Many programs are available in English and Spanish

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