



Learn techniques of newborn care and strategies for calming your baby

expanding familiy



Understand the changes with your partner and working together to raise your baby



Workshop designed for first-time, expectant dads to gain the tools, support, and confidence needed to be an involved caregiver before baby arrives!

Join experienced Dads and their babies to learn about parenthood and for open and honest conversations about dadhood



Saturdays | 10am to 1pm Jan 21 | Mar 11 | Apr 15 Jun 3 | Jul 15 | Sep 9 Oct 21 | Dec 2







Parent Aid 2580 E 22nd St

Registration is Free All Dads receive a Free Dad Bag! https://uqr.to/PAbcnd 520.798.3304



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