



COMMUNITY PARENTING PROGRAMS

ACTIVE PARENTING CLASS SERIES

Options for all ages of children 0-17
Topics include communication,
positive discipline, responsibility
cooperation and self-care

FREE MONTHLY WORKSHOPS

Positive Parenting and Discipline,
Co-Parenting, and PAX Tools
Workshops to keep your parent
game strong

PARENT
SUPPORT GROUPS

Check out all the groups at
parentaid.org/calendar



Parent Aid

CREATING STRONGER
FAMILIES
AND BRIGHTER
FUTURES

Find Us At:

parentaid.org

520.798.3304

info@parentaid.org

[@parentaidtucson](https://www.instagram.com/parentaidtucson)



Parent Aid



Group education for men-in-families with children of any age. Bio, step, adoptive grand, honorary, etc. are all welcome. 24/7 supports the man, dad and partner to be the best version of themselves they can be

Group education for families with children birth through 4 years old. Program focuses on Ages and Stages of child development, School Readiness, Method of Choice and Parental Self Care



Group education for families with children 5 through 12 years old. Program focuses on Building Responsibility, Positive Discipline and Promoting School Success



Group education for families with children 13 years old and up. Program focuses on Building Responsibility & Discipline, Communication & Cooperation and Building Courage



Trauma-informed group education for families of all ages. Program builds parents skills in non-violent communication to aid in connection and cooperation



Co-Parenting through Separation, Divorce or Conflict Workshop. Parent will build communication skills to help ease the trauma to their families during difficult times



Parent Support Groups

Free groups
Mondays in English
Tuesdays in Spanish
and dads group
coming in 2022

Check out everything we have to offer at parentaid.org/calendar



All services are available in English and Spanish

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