



Parenting Classes





# 24/7 AM

Discipline
Co-Parenting
Communication
Feelings & Emotions



## Key Behaviors

Self-Awareness Parenting Skills Fathering Skills Caring for Self



#### 24/7 PM

Power & Control Boy/Manhood Relationships Family Ties





For more info SCAN HERE! 520.798.3304

parentaid.org/calendar



Parenting is tough. Being a dad can be tougher. Come get the skills and support you and your children deserve.









### 24/7 AM

Focus on the Heart of a father to gain the realization that our roles extend past that of financial provider, physical protector, and strict disciplinarian. 12 Sessions



#### Key Behaviors

Focus on the Hands of a father to gain understanding that our actions will always speak louder than words and our children are always listening. 7 Sessions



#### 24/7 PM

Focus on the Head of a father to gain lifelong knowledge and wisdom on what it means to be a parent. 12 Sessions

All programs promote healthy physical, emotional, social and spiritual development of men and dads. Love Like a Dad encourages healthy forms of masculinity and takes a holistic approach to parent education by supporting fathers as a man, parent and partner.

520.798.3304

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